

You're invited to attend the



Thyroid Cancer Survivors' Workshop in Maryland

Come meet and learn from physician specialists. Receive answers to your questions. Learn and share with others coping with thyroid cancer, at all phases of testing, treatment and follow-up. We also welcome caregivers, friends, and everyone interested.

FREE

Saturday, May 12, 2018, 8 a.m. – 4:30 p.m.

Holy Cross Hospital, Education Center on 1st Floor

1500 Forest Glen Road
Silver Spring, Maryland

Physician Speakers plus Resource Specialists

- **Melanie Blank, M.D., Nephrologist and Yoga Teacher**, Silver Spring, MD
- **Kenneth D. Burman, M.D., Endocrinologist**, MedStar Washington Hospital Center, Washington, DC
- **Vaninder K. Dhillon, M.D., Otolaryngologist**, Johns Hopkins Medicine, Bethesda, MD
- **Erin A. Felger, M.D., Surgeon**, Medstar Washington Hospital Center, Washington, DC
- **Jacqueline Jonklaas, M.D., Endocrinologist**, MedStar Georgetown University Medical Center, Washington, DC
- **Kanchan P. Kulkarni, M.D., Nuclear Medicine Physician**, MedStar Washington Hospital Center, Washington, DC
- **Alissa Mendes, R.D., L.D.N., Registered Dietitian**, Shady Grove Adventist Hospital, Rockville, MD

Topics

- ✓ Treatment and Follow-Up for Different Risk Levels in Papillary and Follicular Thyroid Cancer
- ✓ Long-Term Management, Including How the ATA Guidelines Impact Care
- ✓ First or Further Thyroid Surgery, Including Surgical Preparation, Recovery, Extent of Surgery, and Complications
- ✓ Nutrition; Self-Care, Yoga, and Roundtables with Survivors and Caregivers on Coping Skills

More Details

- ✓ **Come for part or all of this helpful event. Walk-in attendees are welcome.**
- ✓ **Register either** online on the form on www.thyca.org, or else onsite on the day of the workshop.
- ✓ **Lunch choices:** You may eat in the hospital cafeteria, or bring your own lunch.
- ✓ **Visit ThyCa's website:** www.thyca.org for more details.
- ✓ **Transportation Directions:** From I-495 (Beltway), take Georgia Avenue North. At the first light, turn right onto Forest Glen Road. The Hospital will be on the right.
- ✓ **Parking:** The parking garage next to the hospital has a small fee.
- ✓ **Metro:** The hospital is within walking distance (approximately ½ mile) of the Forest Glen Metro Subway Station on the Red Line. Metrobus transportation is available on Georgia Avenue.
- ✓ **For more information:** e-mail Washington-DC@thyca.org or phone 301-943-5419

Sponsored by

ThyCa: Thyroid Cancer Survivors' Association, Inc.SM

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A nonprofit 501(c)(3) organization of thyroid cancer survivors, family members, and health care professionals.

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Please tell others about this free event. Help spread the word — Share, post, copy this flyer.