



**Thyroid Cancer**  
**Midwest Survivors' Workshop**  
**Saturday April 18, 2009**  
Ellis Fischel Hospital , Columbia, MO  
7<sup>th</sup> Floor Class & Conference Rooms

**Saturday, April 18, 2009**

- 8:00            **Registration** – *complete 'Ask the Surgeon' question card; order a box lunch for \$8 (Panera – 3 choices)*
- 8:20**            **Welcome & Introductions** – Sandy Triplett, Central MO ThyCa, Person-to-Person Network and ThyCa Board Member
- 8:30 – 9:30    **Support Group Roundtables** -- Papillary, Follicular, Medullary, Anaplastic, Caregiver / Friend - Roundtable Facilitators:
- Tom Engle; St. Louis ThyCa;
  - Debbie Ritchie, Advanced ENT Nurse Practitioner, Columbia, MO;
  - Connie Shade & Marcie Pell, ThyCa Kansas City Support Group Co-Facilitators; and
  - Sandy Triplett, ThyCa Central MO Support Group Facilitator
- 9:30 – 9:45    **BREAK & EXHIBITS**
- 9:45 – 10:45   **Thyroid Cancer: Common Questions & Answers**  
(papillary/follicular) - Paul Ladenson, M.D. Endocrinologist, The Johns Hopkins Medical Institutes
- 10:45 – 11:00 **BREAK & EXHIBITS**
- 11:00 – 12:15 **Thyroid Cancer Surgery Panel** – Greg Renner, M.D., Head and Neck Surgeon; Paul Dale, M.D., Surgeon Oncology; Debra Koivunen, M.D., Endocrine Surgeon, University of Missouri, Columbia, MO
- 12:15 – 1:15    **LUNCH** - Pick up your Box Lunch or Bring Your Own
- 12:30 – 1:00    **LUNCH & LEARN – Enjoying the Low Iodine Diet** – Sandy Triplett, ThyCa Central MO Support Group Facilitator, Person-to-Person Network Volunteer, and ThyCa Board Member
- 12:30 – 1:00    **LUNCH & LEARN – Medullary Thyroid Cancer: An Overview and Discussion** - Robert Zitsch, M.D.- Head and Neck Surgeon—Debbie Ritchie, Advanced ENT Nurse Practitioner
- 1:00 - 1:15     **BREAK**
- 1:15 – 2:00     **Ask the Doctor about Radioactive Iodine, and Learn about Thyrogen** -- Amolak Singh, M.D. Nuclear Medicine University of Missouri Hospital, Columbia, MO, and Edie Dodson, Genzyme
- 2:00 – 2:15     **BREAK**



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- 2:15 – 3:00    **Talk with a Pharmacist: How Does Your Thyroid Medication Interact with Your Other Medicine** – Laura Butkievich, Pharmacist, University of Missouri Hospital, Columbia, MO
- 3:00 – 3:15    **BREAK**
- 3:15 – 4:15    **The Doctor – Patient Relationship: What Each One Wants & How To Get It** - Troy Scheidt, MD, ENT and Daniel Miller, MU-Student & Thyroid Cancer Survivor
- 4:15 – 4:30    Closing & Evaluation** – Please complete the evaluation and leave at the Registration table

Boone Hospital Center is an approved provider of continuing nursing education by the Missouri Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

*Thank You Ellis Fischel Hospital, Panera, and all the speakers and helpers who gave of their time and expertise to make this day special for YOU*

**Thank You for coming! Hope you benefited from the day.**

**See you at another ThyCa event – Help Get the Word Out!**

**12<sup>th</sup> Annual International Thyroid Cancer Survivors' Conference**

October 16 – 19, 2009, Boston, Massachusetts  
Sheraton Ferncroft Hotel, 50 Ferncroft Road, Danvers, MA 01923  
www.thyca.org • e-mail: conference@thyca.org or thyca@thyca.org  
toll free 1-877-588-7904

**2010 Thyroid Cancer Survivors' Midwest Workshop** to be held in Kansas City, MO. Date & Location will be posted on the www.thyca.org web site.

Visit [www.thyca.org](http://www.thyca.org) often for over 650 pages of thyroid cancer information plus details about the free year-round support services, publications, Rally for Research, Thyroid Cancer Awareness Month, and other resources of **ThyCa: Thyroid Cancer Survivors' Association, Inc.**, the national nonprofit devoted to thyroid cancer education, support, communication, awareness, and research funding.

***How to help:***

- Give Thyroid Cancer Awareness brochures to your friends and relatives.
- Tell people about ThyCa's web site, free services, publications, and events.
- Become a ThyCa volunteer, member, or both.
- Donate to our Rally for Research 2009.
- Help spread the word about *Thyroid Cancer Awareness Month (September)*