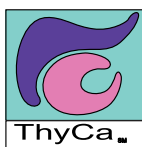




23rd International Thyroid Cancer Survivors' Virtual Conference

October 23-25, 2020

Support • Education • Communication • Research • Hope



Sponsored by
ThyCa: Thyroid Cancer Survivors' Association, Inc.
P.O. Box 1102, Olney, MD 20830-1102
thyca@thyca.org • (877) 588-7904
www.thyca.org

Welcome!

Dear Friends,

We are honored to welcome you to the 23rd International Thyroid Cancer Survivors' Conference. Thank you very much for coming.

These three days offer you terrific opportunities to learn and ask questions of numerous experts from a wide array of leading thyroid cancer treatment and research centers.

We invite you to also take part in the many informal roundtable discussions and the other special events during the weekend. These are great places to give and receive support in person from people who understand what you are going through, who want to hear your stories, and who will offer encouragement and support.

We want to express our deep appreciation to all our speakers, session leaders, and roundtable facilitators. You are donating your time because of your deep commitment to the well-being of everyone with thyroid cancer, and their families and friends. We thank you and everyone who has contributed to this weekend.

The conference is the result of more than a year of dedicated work by volunteers coast to coast. You will meet many of them here this weekend. Many others who gave long hours are unable to be here with us.

This event is also made possible through the generosity of numerous individuals and organizations who support our cause through generous financial donations as well as contributions of goods and services.

We invite you to experience all this conference has to offer. Stay in touch with each other and get information through our many free support services in the future. We look forward to getting to know you.

The Conference Planning Team and Conference Volunteers



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Thank You to Our Members

No one should have to face a diagnosis of thyroid cancer alone. By joining one of our online support groups, or face-to-face support groups, you are a member of the thyroid cancer community.

We invite you to become a dues-paying member as well, and help ThyCa sustain, strengthen, and extend our services and support to survivors, families, and friends around the world, as well as contribute to our research grants.

Your support also makes possible our outreach and awareness campaigns to the public.

- We have members with each type of thyroid cancer— papillary, follicular, medullary, anaplastic, and variants.
- Our members range in age from teens to 80s.
- Our members also include caregivers, health care professionals, and friends supporting our mission.
- Members live in 42 states and the District of Columbia, two Canadian provinces, and numerous other countries.
- We welcome new members at any time.
- Members may join for 1 year, 2 years, or as Lifetime Members.
- Membership forms are available at the online or mail-in on our website's Membership page.
- Thank you very much for your wonderful support!

Conference Information

REGISTRATION - CONFERENCE CENTRAL

www.thyca.org/conference

BOOKLET MESSAGES

The messages in this booklet are sponsored by friends and members of ThyCa. We thank you for your support.

ThyCa INFORMATION TABLES

Visit our tables for thyroid cancer publications, plus information about ThyCa local support groups, online groups, the Person-to-Person Network, volunteer opportunities, ThyCa Membership, and the ThyCa Rally for Research and Research Grants.

QUESTIONS and SUGGESTIONS

If you have questions about the Program or ThyCa, please email conference@thyca.org.

FUNDRAISER AUCTION

www.thyca.org/auction

Numerous exciting auction items have been donated. Proceeds will benefit ThyCa's Research Funds and Grants for Thyroid Cancer Research. Help us reach our goal of a future without thyroid cancer!

ThyCa AWARENESS and SPIRIT ITEMS

We have Thyroid Cancer Awareness and Spirit items for sale in our Exhibit Hall Booth – wristbands, pins, ribbon magnets, shirts, note cards, bracelets, and more with the ThyCa logo. Proceeds from these unique items benefit our free support services, outreach, and research funding.



PLEASE TAKE NOTE

- ThyCa: Thyroid Cancer Survivors' Association, Inc., is not necessarily in agreement with or responsible for the statements made by any of the presenters at this conference. The speakers will reflect a variety of perspectives.
- Circumstances may require the cancellation of a session, the substitution of a presenter, or a change in a session time.
- Respect Privacy. People are sharing their personal experiences and sensitive information, and we can all benefit from this. Feel free to take notes for your personal use, but please respect people's privacy. What's said in the room stays in the room.
- No Solicitations. Please, no solicitations, promotions, recruiting, direct or indirect marketing, fundraising for other organizations, or distribution of materials for yourself, your projects or services, your organization, or other organizations' or individuals' services, projects, fundraisers, or products, whether nonprofit or for-profit. This conference is a nonprofit thyroid cancer support and education event sponsored by ThyCa and run by dozens of volunteers. We want to keep our focus on learning, sharing our experiences, hearing others' experiences, and supporting each other.

Purchase our 25th anniversary tee at <https://www.bonfire.com/thycas-25th-anniversary/> (multiple shirt styles available!)



Purchase a ThyCa mask at <https://www.bonfire.com/thyca-mask/>

- Registration is open, go to www.thyca.org/conference
- All program times are EDT
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10:00 – 11:10 a.m.

101

Roundtable: If you're new to thyroid cancer – things to know and questions to ask.

Room 1 **N**

Barb Allhoff, ThyCa Volunteer

102

Roundtable: If this is your first conference – things to know and questions to ask.

Room 2

ThyCa Volunteer

103

Get "Schooled": Educational accommodations and advocacy for children diagnosed with thyroid cancer.

Room 3

Pam Mendenhall, LISW, ThyCa Pediatric Support Moderator

11:30 – 11:40 a.m.

111

Welcome and announcements

Room 1

Howard Solomon, ThyCa Volunteer

11:45 – 12:45 p.m.

Getting to know each other. Open microphone roundtables. ThyCa Volunteers

121

Room 1

If the first letter of your last name starts with A through D.

122

Room 2

If the first letter of your last name starts with E through K.

123

Room 3

If the first letter of your last name starts with L through Q.

124

Room 4

If the first letter of your last name starts with R through Z.

1:15 – 2:15 p.m.

131

The ABCs of thyroid cancer: Understanding key terms, concepts, and initial diagnostic and treatment steps.

Room 1

Kaniksha Desai, MD, ECNU, Endocrinologist

132

Thyroid surgery

Room 2

1. *When is active surveillance the right decision? Reconciling divergent opinions on treatment.*
 2. *Surgical complications after thyroidectomy, including voice issues and hypoparathyroidism.*
- Allen S. Ho, MD, Surgeon

133

Medullary thyroid cancer roundtable: Getting to know each other – MTC survivors and caregivers

Room 3 **C,M**

Bill McClain and Kathryn Wall, ThyCa Volunteers

134

Lifestyle and cancer: Managing stress and anxiety

Room 4

Scott A. Irwin, MD, PhD, Psychiatrist

135

Updates on the management of anaplastic thyroid cancer

Room 5 **A**

Maria E. Cabanillas, MD, Oncologic Endocrinologist

2:45 – 3:45 p.m.

141

Panel Discussion: About thyroid hormone therapy, testing, and dosing including T4, T3, and desiccated thyroid. Can my thyroid hormone preparation and dosing affect how I feel?

Room 1 A,ADV,M,PF

Thyroxine replacement preparation, testing, targets and monitoring topic, and the new consensus statement on T4/T3 preparations.

Gregory Brent, MD, Endocrinologist, and Jerome M. Hershman, MD, Endocrinologist

Understanding thyroid hormone metabolism.

Jonathan S. LoPresti, MD, PhD, Endocrinologist

142

Novel chemotherapies for patients with metastatic papillary, follicular, or Hurthle cell thyroid cancer.

Room 2 ADV

Maria E. Cabanillas, MD, Oncologic Endocrinologist

143

Medullary thyroid cancer: Medical management at the beginning of the journey.

Room 3 M

Naifa L. Busaidy, MD, Endocrinologist, and Elizabeth G. Grubbs, MD, Surgeon

144

Panel Discussion: Lifestyle and cancer

Room 4

Diet, and healthy eating.

Stephen J. Freedland, MD, Integrative Medicine

Benefits of therapeutic exercise.

Philip Chang, DO, Oncology Rehabilitation Medicine

4:15 – 5:15 p.m.

151

Panel Discussion: Managing thyroid nodules: Determining if they are malignant or benign, and potential surgical planning.

Room 1 A,ADV,M,PF

Molecular testing of indeterminate thyroid nodules.

Erik K. Alexander, MD, Endocrinologist

Ultrasound imaging for lymph-node mapping and fine needle aspiration for surgical planning in thyroid cancer.

Julia E. Noel, MD, Head and Neck Surgeon

152

Panel Discussion: Diagnosis and management of thyroid cancer in pregnancy.

Moderator: Peter A. Singer, MD, Endocrinologist

Contributor: Aime T. Franco, PhD, Survivor *Room 2 PF*

Managing women with a previous history of thyroid cancer during pregnancy. Preconception, pregnancy, and postpartum considerations.

Caroline T. Nguyen, MD, Endocrinologist

Evaluating thyroid nodules found during pregnancy, and managing thyroid cancer found during pregnancy.

Trevor E. Angell, MD, Endocrinologist

What to do about metastatic thyroid cancer during pregnancy.

What if thyroid cancer surgery is needed during pregnancy.

Daniel Kwon, MD, FACS, Head and Neck Surgeon

153

When should one consider tyrosine kinase inhibitor therapy for medullary thyroid cancer?

Room 3 M

Robert F. Gagel, MD, Endocrinologist, and Mark E. Zafereo, MD, Head and Neck Surgeon

154

Pediatric Thyroid Cancer Roundtable: Coping, Treatment Options, and Being Part of a Community of Survivors.

Room 4 PED

Carol DiFelice, and Pam Mendenhall, LISW, ThyCa Volunteers

155

Roundtable on health promotion: Sharing experiences with diet, exercise, and other complementary approaches to well-being.

Room 5 M

Cal Pierce, ThyCa Volunteer

5:45 – 6:45 p.m.

161
Roundtable: Percutaneous Alcohol Ablation for Treatment of Thyroid Cancer Nodules
Room 1
 Daria Jerauld, ThyCa Volunteer

162
Roundtable: “How do you meditate anyway?”
Room 2
 Roberta Perry, ThyCa Volunteer

163
Roundtable: You’re new to thyroid cancer and you want to talk about your journey.
Room 3
 Roselle Kovitz, ThyCa Volunteer

164
Roundtable: Craft and Connect
Room 4
 Alexa Jett, ThyCa Volunteer

165
AYA Roundtable: Let’s talk about keeping a job while dealing with thyroid cancer.
Room 5 AYA
 Samantha Weese, ThyCa Volunteer

7:00 – 8:00 p.m.

171
Young adults virtual meet-up. For people ages 18 – 40
Room 1 AYA
 Samantha Weese, ThyCa Volunteer

172
Virtual anaplastic thyroid cancer meet-up
Room 2 A
 Patti Turner, ThyCa Volunteer

173
“Meddie” (medullary thyroid cancer) virtual meet-up
Room 3 M
 Bill McClain, ThyCa Volunteer



The ThyCa Memorial Quilts and Video

The ThyCa memorial quilts and video slide show were created by two longtime ThyCa volunteers.

Through these tributes, we honor and remember our loved ones who have lost their lives to thyroid cancer.

The quilts are the creation of Leah Guljord of Florida. Cheri Lindle of Oklahoma developed the video slide show. Jessica Weese of Washington is now managing the video slide show.

We will show the video at different times during the Conference.

If you would like for your loved one to be remembered in future tributes, please contact Jessica at jweese@thyca.org.



Visit ThyCa’s Information Tables

Talk with our volunteers to learn about...

- Local support groups coast to coast in the U.S. and in The Bahamas, Canada, Costa Rica, Greece, Honduras, Ireland, Kenya, The Philippines, and the United Kingdom
- One-to-one support from a ThyCa volunteer, matched by type of thyroid cancer, through our Person-to-Person Network
- FREE downloadable *Low-Iodine Cookbook*, 9th Edition
- FREE downloadable handbooks: *Thyroid Cancer Basics*, *Anaplastic Thyroid Cancer*, *Medullary Thyroid Cancer*, and *Thyroid Nodules: Testing and Follow-Up*
- Thyroid Cancer Awareness Month
- Volunteer opportunities
- ThyCa membership form

[Visit Our Virtual Exhibit Hall](#)

- Registration is open, go to www.thyca.org/conference
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PF: Papillary/Follicular

10:00 – 11:10 a.m.

211

Genetic testing for inherited syndromes in newly diagnosed non-medullary thyroid cancer in young patients including PTEN and DICER1 related syndromes.

Room 1 ADV, AYA, PED, PF

Yuri E. Nikiforov, MD, PhD, Pathologist

212

Roundtable: NTRK gene fusion-positive thyroid cancer. Patient stories.

Room 2 ADV, PF

Laura Perkins and Susan Spinosa, ThyCa Volunteers

213

Medullary thyroid cancer roundtable: Including MEN2 and familial MTC.

Room 3 M

Bill McClain and Kathryn Wall, ThyCa Volunteers

214

Racial disparities in thyroid cancer.

Room 4

Debbie Chen, MD, Endocrinologist

215

Anaplastic thyroid cancer roundtable: Discussion with a doctor.

Room 5 A

Jochen J. Lorch, MD, MSc, Medical Oncologist

11:30 – 11:40 a.m.

211

Welcome and announcements

Room 1

Howard Solomon, ThyCa Volunteer

11:45 a.m. – 12:45 p.m.

231

Biomarker testing: Advanced cancer that needs testing to look for NTRK, RET and other therapeutic targets.

Room 1 ADV, PF

Naifa L. Busaidy, MD, Endocrinologist

232

The ABCs of thyroid cancer: Explaining key terms, concepts, and initial diagnostic and treatment steps.

Room 2

Angela M. Leung, MD, Endocrinologist

233

Panel Discussion: Updates from the MTC & MEN2 registry

Room 3 M

Ruth A. Amaku, MPH, Senior Research Coordinator, Jessica Foft, Clinical Research Coordinator, Jessica E. Gosnell, MD, Endocrine Surgeon, Elizabeth G. Grubbs, MD, Surgeon, Mimi I. Hu, MD, Endocrinologist, Maya Lodish, MD, MHSc, Endocrinologist, and Julie Ann Sosa, MD, MA, Surgeon

234

Panel Discussion: Pediatric thyroid cancer session 1

Room 4 PED

Building a National Consortium to advance the care of pediatric patients with thyroid cancer.

Andrew J. Bauer, MD, FAAP, Pediatric Endocrinologist, Aime T. Franco, PhD, Researcher, Amber R. Isaza, BA, Clinical Research Coordinator, and Ken Kazahaya, MD, MBA, FACS, Otolaryngologist

When should families worry about an inheritable risk for developing thyroid cancer.

Jonathan Wasserman, MD, PhD, Pediatric Endocrinologist

235

En Español: Una mesa redonda entre nosotros.

Habitación 5 ESP

Damaris Fernández, Claudia Figueroa, Mayte Sánchez, MD, y Socorro Vélez

1:15 – 2:15 p.m.

241

Controversies in the management of differentiated thyroid cancer/papillary thyroid cancer.

Room 1 **N, PF**

Julie Ann Sosa, MD, MA, Surgeon

242

Your mouth, salivary glands, and teeth: Preventing and solving issues caused by treatments including radioactive iodine or external beam radiation.

Room 2

Mark S Chambers, DMD, MS, Oral Medicine Specialist

243

Panel Discussion: Locoregionally advanced, recurrent, and distant metastatic medullary thyroid cancer

Room 3 **M**

Douglas W. Ball, MD, Endocrinologist, Ralph P. Tufano, MD, Otolaryngologist, and Mark E. Zafereo, MD, Head and Neck Surgeon

244

Panel Discussion: Pediatric thyroid cancer session 2

Room 4 **PED**

Surgical management of pediatric thyroid cancer; how to reduce complications.

Ken Kazahaya, MD, MBA, FACS, Otolaryngologist
What are the lifetime risks associated with the use of RAI therapy during childhood and adolescence.
Adina L. Alazraki, MD, Pediatric Radiologist

245

Panel discusión quirúrgica

Habitación 5 **ESP**

Seguimiento activo en cáncer bien diferenciado de tiroides, en lesiones pequeñas.

Hernan Tala, MD, Endocrinólogo
Tratamiento quirúrgico del cáncer de tiroides.
Carlos S. Duque, MD, Cirujano de Cabeza y Cuello

2:45 – 3:45 p.m.

251

Post-operative issues: Incidence, causes, prevention, and solutions

Room 1 **M, PF**

David Myssiorek, MD, FACS, Otolaryngologist

252

Reclaiming Your Sexual Self After Cancer

Room 2

Marloe Esch, RN, OCN, Oncology Nurse

253

Radioactive iodine (RAI) therapy for RAI-refractory disease: “redifferentiation”

Room 3

Ezra E.W. Cohen, MD, Oncologist, and Steven I. Sherman, MD, Endocrinologist

254

Panel Discussion: Pediatric thyroid cancer session 3

Room 4 **PED**

Monitoring for and treating thyroid cancer in survivors of non-thyroid malignancies.

Sogol Mostoufi-Moab, MD, MSCE, Pediatric Endocrinologist and Oncologist

Transitions: Helping young survivors understand and begin to manage their thyroid cancer.

Catherine Dinauer, MD, Pediatric Endocrinologist, and Aime T. Franco, PhD, AYA Survivor

255

Panel de discusión: Tratamiento después de la cirugía

Habitación 5 **ESP**

¿Cuales son las indicaciones del yodo radioactivo?

Juan Antonio Vallejo, MD, Jefe de servicio de Medicina Nuclear

¿Cómo es el seguimiento del cáncer de tiroides luego de ser tratado?

Jaydira Del Rivero, MD, Oncólogo, Endocrino

4:15 – 5:15 p.m.

261

Targeted Therapies for Advanced Differentiated Thyroid Cancers; Patient Expectations

An overview of thyroid cancer care as it has evolved to today's new approved therapies, therapies in clinical trials and on the horizon as well as future therapies in development.

Room 1 **A,ADV,M,PF**

Andrew G. Gianoukakis, MD,
Endocrinologist

262

How palliative care can be your 'pal' after a cancer diagnosis.

Room 2

Reanne Booker, NP, MN, BSN, Nurse Practitioner

263

A Patient's Progress on Curing MTC with Cell Therapy: CAR-T and TCR-Transduced T cells That Recognize and Lyse MTC Cells.

Room 3 **M**

Timothy Erickson, PhD, Patient Researcher

264

Panel Discussion: Pediatric thyroid cancer session 4

Room 4 **PED**

Differences in clinical behavior and genetics between pediatric and adult patients with papillary thyroid cancer.

Aime T. Franco, PhD, Researcher

When should systemic therapy be considered for pediatric patients with thyroid cancer.

Steven G. Waguespack, MD, Adult and Pediatric Oncologic Endocrinologist

265

Panel de discusión: Haga sus preguntas a los médicos

Habitación 5 **ESP**

Jaydira Del Rivero, MD, Oncólogo Endocrino, Carlos S. Duque, MD, Cirujano de Cabeza y Cuello, Hernan Tala, MD, Endocrinólogo, y Juan Antonio Vallejo, MD, Jefe de servicio de Medicina Nuclear

5:45 – 6:45 p.m.

271

Roundtable: Radioactive iodine (RAI) resistant thyroid cancer.

Room 1

Elizabeth Holliday, ThyCa Volunteer

272

Roundtable: Craft and Connect

Room 2

Alexa Jett, ThyCa Volunteer

273

Roundtable: Long-term survivors talk about their journeys

Room 3

ThyCa Volunteer

274

AYA Roundtable: Selfcare and thyroid cancer

Room 4 **AYA**

Samantha Weese, ThyCa Volunteer

275

Roundtable: Anaplastic thyroid cancer

Room 5

Cheri Lindle, MEd., ThyCa Volunteer

Support the 19th ThyCa Auction
Go to www.thyca.org/auction and help us raise much needed funds for thyroid cancer research.
The auction ends at 8 p.m. EDT tonight.

- Registration is open, go to www.thyca.org/conference
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10:00 – 11:10 a.m.

301

A quick look into the impact of COVID-19 on thyroid cancer care, and an overview into research into outcomes

Room 1

C. Lubitz, MD, MPH, Surgeon

302

Approaches for RAI therapy and RAI refractory (RAI resistant) disease

Room 2

Mabel Ryder, MD, Endocrinologist

303

Medullary thyroid cancer roundtable: Questions as we begin day 3

Room 3 M

Karen Geisenberger, ThyCa Volunteer

304

ThyCa support group facilitators: current and prospective

Room 4

Kathryn Wall, Director of Support Groups, and Theresa Wickerham, ThyCa Program Coordinator

305

Roundtable: NTRK gene fusion-positive thyroid cancer. Hear from parents of pediatric patients.

Room 5 ADV, PED

Miranda Bowman and Kayley Leeds, ThyCa Volunteers

11:30 – 11:40 a.m.

311

Welcome and announcements

Room 1

Howard Solomon, ThyCa Volunteer

11:45 a.m. – 12:45 p.m.

321

Panel Discussion: Treatment options to learn about as we pursue care for papillary and follicular thyroid cancer.

Moderator: R. Michael Tuttle, MD, Endocrinologist *Room 1 P,F*

Active surveillance as a treatment option. Megan R. Haymart, MD, Endocrinologist

Percutaneous alcohol ablation of nodules. Mabel Ryder, MD, Endocrinologist

The role of Radio Frequency Ablation, and other thermal ablation techniques, in the management of thyroid cancer.

Jennifer H. Kuo, MD, MS, Endocrine Surgeon.

322

**Before radioactive iodine.
 (1) Imaging and how it impacts radioactive iodine dose selection.
 (2) Determining dose selection when not using dosimetry.**

Room 2 ADV,PF

Erik Mittra, M.D., Ph.D., Nuclear Medicine Physician

323

Medullary thyroid cancer: Update on medical management, including discussing RET inhibitors.

Room 3

Bryan McIver, MD, ChB, PhD, Endocrinologist

324

Low-iodine diet roundtable discussion

Room 4

Daria Jerauld, BE, MS, ThyCa Volunteer

1:15 – 2:15 p.m.

331

Panel Discussion: A patient-focused tumor board. What goes on “behind the scenes” when physicians discuss cases in a multidisciplinary session.

Room 1

Angela M. Leung, MD, Endocrinologist, Masha J. Livhits, MD, Endocrine Surgeon, and Michael W. Yeh, MD, Endocrine Surgeon

332

Panel Discussion: Is there a difference in how we are treated at different radiology facilities? What about between medical centers and community offices?

Room 2 ADV,PF

Crispin A. Chinn, MD, Nuclear Medicine Physician, and Erik Mitra, M.D., Ph.D., Nuclear Medicine Physician

333

Thyroid cancer: Everything I want to know in a discussion with a medical oncologist and a survivor but have been afraid to ask.

Room 3 ADV,M,PF

George Labonte, MTC Survivor, and Lori J. Wirth, MD, Medical Oncologist

334

An attempt to help families understand communication FUNK; both with each other as well as with their medical team. Differences are confusing and can be a catalyst to strong emotions. We will examine the necessity of emotional intelligence, and look at behavioral styles through the lens of DiSC.

“We don’t see things as they are, we see them as we are.”

(Anais Nin)

Room 4

Cheri Lindle, MEd.

2:45 – 3:45 p.m.

341

Panel Discussion: Final question and answer session. We will address whatever questions have come up as the meeting has progressed.

Room 1

Moderator: R. Michael Tuttle, MD, Endocrinologist

Panelists: Avital Harari, MD, MSc, Endocrine Surgeon, Mabel Ryder, MD, Endocrinologist, and Lori J. Wirth, MD, Medical Oncologist

3:50 – 4:00 p.m.

351

Conference wrap-up: Resources and next steps after the conference, your feedback on the conference, and suggestions for next year

Room 1

Gary Bloom, ThyCa Executive Director, Theresa Wickerham, ThyCa Program Coordinator, and Conference Team

Thank you for coming! We hope to see you next year in Los Angeles, California October 15-17, 2021!

Speakers & Presenters – Thank You!

Adina L. Alazraki, MD is a Pediatric Radiologist at Emory University School of Medicine and Children's Hospital Healthcare of Atlanta, both in Atlanta, Georgia. She attended and graduated from Emory University School of Medicine and completed a residency in pediatrics. After 5 years in practice in a busy emergency room, she returned to Emory to complete a radiology residency and pediatric radiology fellowship. Her expertise spans from pediatric body MRI to nuclear medicine including therapies and all facets of Oncologic imaging. She serves as a member of the ATA pediatric guidelines task force, the chair for the oncology committee of the Society for Pediatric Radiology and executive board member for the Pediatric Imaging council to the Society of Nuclear Medicine and Molecular Imaging and the section of radiology for the AAP. She currently is the Director for MRI and Nuclear Medicine at Children's Healthcare of Atlanta.

Erik K. Alexander, MD is an endocrinologist at Dana-Farber Cancer Institute in Boston, Massachusetts. Dr. Alexander has published over 150 peer-reviewed articles, mostly focused on the optimal evaluation of thyroid nodules and prevention of unnecessary thyroid surgery. Seminal articles have published in the *New England Journal of Medicine*, and the *Annals of Internal Medicine*. Dr. Alexander is a member of the 2016 American Thyroid Association (ATA) Guidelines Committee on the Care of Patients with Thyroid Nodules and Thyroid Cancer, and was co-chairman of a separate 2017 ATA Guidelines Committee on the Care of Patients with Thyroid Disease During Pregnancy. Dr. Alexander frequently speaks at National and International conferences on thyroid disease. He is an active clinician, caring for over 40 patients each week. He serves as a ThyCa medical advisor.

Ruth A. Amaku, MPH is the lead research coordinator for the MTC and MEN2 Registry at The University of Texas MD Anderson Cancer Center in Houston, Texas. Prior to joining the MTC & MEN2 Registry team, she spent three years serving at MD Anderson in various roles focused on patient-centric care, quality improvement, and patient-reported outcomes while pursuing a Master's in Public Health from the University of Texas School of Public Health in Houston. Outside of work, she enjoys morning runs and creating scrapbooks for family and friends.

Trevor E. Angell, MD is an endocrinologist and Assistant Professor of Clinical Medicine in the Department of Medicine's Division of Endocrinology, Diabetes and Metabolism at University of Southern California Keck School of Medicine in Los Angeles, California. Dr. Angell is board certified in internal medicine and diabetes, endocrinology and metabolism and his clinical and research interests are related to the diagnosis and treatment of thyroid diseases. He has published articles in *JAMA Surgery*, *Thyroid*, *The Journal of Clinical Endocrinology and Metabolism*, and *Current Opinion in Endocrinology and Diabetes*, including original research and invited reviews. He is on the editorial board of *Frontiers in Endocrinology* and is a member of the Endocrine Society and the American Thyroid Association where he serves as the co-chair of the Patient Affairs and Education Committee. Dr. Angell is recognized for clinical expertise in thyroid nodules, thyroid cancer, thyroid hormone dysfunction, and thyroid disorders during pregnancy.

Douglas W. Ball, MD is an endocrinologist and associate professor at Johns Hopkins Medicine in Baltimore, Maryland. He is a clinician and researcher specializing in all types of Thyroid Cancer. Dr. Ball is active in developing new therapies for and works in a translational research program in collaboration with other researchers and clinicians. Dr. Ball graduated from George Washington University Medical School and completed further training in Internal Medicine and in Endocrinology and Metabolism at the University of Pittsburgh and Johns Hopkins University. He is the author of numerous peer-reviewed medical journal articles and has been a speaker at previous ThyCa educational events. He is a ThyCa Medical Advisor.

Andrew J. Bauer, MD, FAAP is a pediatric endocrinologist and the Director of the Thyroid Center at The Children's Hospital of Philadelphia in Philadelphia, Pennsylvania. Dr. Bauer retired from the United States Army after 29 years of service, to include two combat tours in Iraq. His clinical and research interests are focused on the study of pediatric thyroid disorders, including hyperthyroidism, hypothyroidism, thyroid nodular disease, thyroid cancer, and familial thyroid tumor syndromes. Dr. Bauer serves as chair of the American Thyroid Association's (ATA) Pediatric Thyroid Cancer Guidelines and as a member of the ATA's Board of Directors. In 2018, Dr. Bauer served on the World Health Organization, International Agency for Research on Cancer expert group that published guidelines on thyroid screening after nuclear disasters. He has spoken at many ThyCa events. He serves as a ThyCa medical advisor.

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Tim Erickson, PhD is a patient researcher who holds advanced degrees in Biomedical Engineering (UT-Austin) and Electrical Engineering (Colorado State). He was diagnosed with incurable Stage IV medullary thyroid cancer in 2014, while working at a biotech startup, a few months after graduating. Over the last six years, he has collaborated with great minds in MTC research and made it his personal mission to develop novel immunotherapies to treat and potentially cure MTC, initially setting up a lab in a spare bedroom before becoming a member of the Eric Tran's Antitumor T Cell Laboratory at Providence Cancer Center in Portland, Oregon. To date, he has successfully engineered T cells to recognize and kill MTC cells in vitro and is currently planning proof-of-concept in vivo studies.

Marloe Esch, BSN, RN is an Oncology Certified Nurse (OCN), and young adult cancer survivor, who currently works as a Breast Care Nurse Navigator in Milwaukee, Wisconsin. An enthusiastic advocate for sexual health and wellness, Marloe has made it her mission to bring sex into the survivorship spotlight. She has presented on this topic for such organizations as the Young Survival Coalition, the Oncology Nursing Society, and Planned Parenthood of WI, among others, and is a regular contributing author on issues pertaining to sexuality for the national AYA publication *Elephants and Tea*. She holds certificates in both Sexuality Education and Sexuality Counseling through the University of Michigan Sexual Health Certificate Program, and presently serves on the Board of Directors for The Scientific Network on Female Sexual Health and Cancer.

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Robert F. Gagel, MD is an endocrinologist, professor and division head of Internal Medicine at the University of Texas MD Anderson Cancer Center in Houston, Texas, and also Professor of Medicine and Cell Biology at Baylor College of Medicine. His primary clinical interest is the treatment of patients with hereditary and sporadic forms of medullary thyroid cancer. His involvement with this disorder has spanned several decades from the initial development of calcitonin as a biomarker, through the identification and use of RET germline mutations in prophylactic surgery, to the establishment of vandetanib as the first FDA-approved drug for the treatment of disseminated tumor. Dr. Gagel's research group is currently examining molecular abnormalities of medullary thyroid cancer, in particular in cell cycle regulation and regulation of receptor tyrosine kinases. He has authored hundreds of peer-reviewed journal articles and other publications. Dr. Gagel is a ThyCa medical advisor.

Andrew G. Gianoukakis, MD is an endocrinologist at the University of California Los Angeles School of Medicine in Torrance, California. He is an expert in Thyroid Disorders with particular expertise in Advanced Thyroid Cancer and Graves' disease including Thyroid Eye disease. Dr. Gianoukakis' clinical research focuses on novel and cutting edge therapeutic clinical trials for Advanced Thyroid Cancer. In addition Dr. Gianoukakis is investigating the development of 'liquid biopsy' for thyroid cancer diagnosis as well as the development of novel assays for thyroid and thyroid antibody testing. He directs the Thyroid Clinic and Thyroid Oncology Clinic at Harbor-UCLA where he also serves as Fellowship Training Program Director. He is a ThyCa medical advisor.

Jessica E. Gosnell, MD is an endocrine surgeon, and an associate professor of surgery in the Division of General Surgery at the University of California San Francisco in San Francisco, California. A graduate of the University of Washington Medical School, she completed further training at the UCSF Medical Center and the Royal North Shore Hospital, Sydney, Australia. Dr. Gosnell's clinical practice in endocrine surgery focuses on diseases of the thyroid, parathyroid and adrenal glands. She is the Director of the Endocrine Surgery Parathyroid Cryopreservation and Autotransplantation Lab. In her research, Dr. Gosnell studies new treatments for thyroid cancer through translational work and clinical trials, with a particular focus on multiple endocrine neoplasia and medullary thyroid cancer.

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Megan R. Haymart, MD is an endocrinologist at the University of Michigan in Ann Arbor, Michigan. Dr. Haymart's research focuses on variation in the management of thyroid cancer with an emphasis on the role of patients, providers, and health systems in thyroid cancer diagnosis and treatment. She also studies thyroid cancer outcomes and the rise in thyroid cancer incidence. She is Principal Investigator of the NCI-funded R01 grant "Treatment Decision Making in Low-Risk Thyroid Cancer" and the AHRQ-funded R01 grant "Imaging Practices and Overdiagnosis of Thyroid Cancer". Dr. Haymart received her medical degree from Johns Hopkins University School of Medicine in 2002, completed internal medicine residency at Johns Hopkins Hospital in 2005, and then completed fellowship in endocrinology, diabetes and metabolism at the University of Wisconsin in 2007. She is involved in creating the National Comprehensive Cancer Network thyroid carcinoma guidelines.

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Daria A. Jerauld, BE, MS is a ThyCa Volunteer from Coffeyville, Kansas. Daria recently retired as a supply management professional with 34+ years of industry experience. She is an active ThyCa volunteer, Low Iodine Diet researcher and enthusiast. Her primary hobby is cooking. She is married with two adult children, and is a dog lover.

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Masha J. Livhits, MD is an endocrine surgeon at the University of California Los Angeles in Los Angeles, California. Attending college at the early age of twelve, she completed the highly competitive Early Entrance Program at California State University, Los Angeles. Livhits received her medical degree from the Washington University School of Medicine in St. Louis, Missouri, and completed general surgery training and endocrine surgery fellowship at UCLA. She is widely published on the topics of improving surgery outcomes and quality care. Clinical and research interests include parathyroid disease, benign and malignant thyroid tumors, adrenal masses and familial endocrine disorders.

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David Myssiorek, MD, FACS is an ENT-Otolaryngologist at Bronxcare Health System, Bronx, New York. He is the author of numerous articles on thyroid cancer surgery and other head and neck surgery. He has conducted numerous surveys of our population in order to learn more from us, with his survey on patients' voice issues receiving more than 6,000 responses. He is a ThyCa Medical Advisor.

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Ralph P. Tufano, MD, MBA, FACS is an otolaryngologist at Johns Hopkins Medicine in Baltimore, Maryland. Dr. Tufano is the Charles W. Cummings MD Endowed Professor in Otolaryngology – Head and Neck Surgery and the Director of the Division of Head and Neck Endocrine Surgery at Johns Hopkins Medical Institutions. From 2009-2015, he directed the Johns Hopkins Hospital Multidisciplinary Thyroid Tumor Center. His practice focuses exclusively on the surgical management of thyroid and parathyroid diseases. He has authored numerous articles and book chapters and is a national and international speaker on the management of thyroid cancer. His areas of research include novel therapies for thyroid cancer, clinical application of molecular markers, and improving surgical outcomes for patients with thyroid and parathyroid diseases. Dr. Tufano is a ThyCa medical advisor.

R. Michael Tuttle, MD is an endocrinologist at Memorial Sloan-Kettering Cancer Center in New York, New York, and a Professor of Medicine at the Joan and Sanford I. Weill Medical College of Cornell University. He is an active clinician and researcher specializing in the management of advanced thyroid cancer. He travels extensively both within the U.S. and abroad lecturing on the difficult management issues in thyroid cancer. Dr. Tuttle's research projects in radiation-induced thyroid cancer have taken him from Kwajalein Atoll in the Marshall Islands to the Hanford Nuclear power-plant in Washington State to regions in Russia that were exposed to fallout from the Chernobyl accident. He served on the American Thyroid Association committee that produced the current guidelines for the management of benign and malignant thyroid nodules. He also chaired the National Comprehensive Cancer Network Thyroid Cancer Panel and served on the Endocrinologic and Metabolic Drugs Advisory Committee of the U.S. Food and Drug Administration. Dr. Tuttle is a ThyCa medical advisor.

Juan Antonio Vallejo, MD es un médico especialista en medicina nuclear. Es un doctor en medicina y cirugía por la Universidad de Córdoba, Córdoba, Chile. Profesor asociado de la Facultad de Medicina, Enfermería y Fisioterapia de la Universidad de Córdoba. Jefe de servicio de Medicina Nuclear. Hospital Universitario Reina Sofía de Córdoba. Presidente Sociedad Española de Medicina Nuclear e Imagen Molecular (2017-2019). Master en Gestión Clínica. Experto Universitario en Epidemiología y metodología de la Investigación. Experto Universitario en Evaluación de Sistemas Sanitarios.

Steven G. Waguespack, MD is an adult and pediatric oncologic endocrinologist and Professor of internal medicine and pediatrics at the University of Texas MD Anderson Cancer Center in Houston, Texas. A native of Louisiana, Dr. Waguespack graduated summa cum laude from Loyola University in New Orleans, where he also participated in the presidential scholars honor program. He graduated from The University of Texas Medical School at Houston with honors and pursued training in internal medicine/pediatrics at the Indiana University Medical Center in Indianapolis. He completed a combined adult and pediatric endocrinology fellowship at Indiana University and is board certified in both subspecialties. Dr. Waguespack's major clinical and research interests are thyroid cancer, pituitary tumors, and hereditary syndromes of endocrine neoplasia. He enjoys providing endocrine care to patients of all ages. He is a ThyCa Medical Advisor.

Jonathan Wasserman, MD, PhD is a pediatric endocrinologist and associate professor at The Hospital for Sick Children, Toronto, Ontario, Canada. He also serves as a Project Investigator of Genetics and Genome Biology at the Research Institute. Dr. Wasserman's research focuses primarily on pediatric thyroid cancer and spans both clinical and translational domains. His research includes genetics and genomics of pediatric papillary thyroid cancer, health-care utilization patterns among young patients with thyroid cancer at diagnosis and during follow-up and the identification of prediction models to improve assessment of thyroid nodules in children and to gauge malignant potential. He undertook his medical training at Harvard Medical School and the Massachusetts Institute of Technology and subsequently pursued an internship and residency in pediatrics at Children's Hospital Boston. He previously earned a PhD and completed post-doctoral training in genetics at the University of Cambridge, England.

Lori J. Wirth, MD is a medical oncologist and associate professor of medicine at Massachusetts General Hospital Cancer Center, and Harvard Medical School in Boston, Massachusetts. Her research focuses on new treatments for RET-driven cancers, correlates of treatment responses for aggressive differentiated thyroid cancer that is resistant to radioactive iodine, and related areas. She is past president of the International Thyroid Oncology Group. She is a ThyCa Medical Advisor.

Michael W. Yeh, MD is an endocrine surgeon at the University of California Los Angeles Health in Los Angeles, California. After pursuing his studies at Stanford University and Harvard Medical School, Dr. Yeh trained in general surgery at UC San Francisco. He then completed the prestigious T.S. Reeve International Fellowship in endocrine surgery at the Royal North Shore Hospital in Sydney, Australia. Dr. Yeh is an expert in minimally invasive parathyroid surgery, thyroid cancer, and adrenal tumors, including pheochromocytoma and adrenocortical carcinoma. He has published more than 100 scholarly articles and book chapters on these topics.

Mark E. Zafereo, MD is a head and neck surgeon and associate professor at the University of Texas MD Anderson Cancer Center in Houston, Texas. He is Section Chief of Head and Neck Endocrine Surgery and Associate Medical Director of the Endocrine Center. He holds national committee appointments for professional associations and is Past President of the Houston Society of Otolaryngology-Head and Neck Surgery. His clinical practice focuses on patients with thyroid cancer and parathyroid neoplasms. He is a ThyCa medical advisor.

ThyCa's Research Fundraising and Grants

ThyCa: Thyroid Cancer Survivors' Association, Inc., and our community have joined together to raise funds for thyroid cancer research. Together, we are able to make a tremendous difference!

Our goal is cures for all thyroid cancer. We support research on all types of thyroid cancer — papillary, follicular, medullary, and anaplastic. Our Research Funds welcome all contributions, of any size.

Our Research Grants are open to all researchers and institutions, worldwide. Independent expert panels of the American Association of Endocrine Surgeons (AAES) and the American Thyroid Association (ATA) evaluate the grant proposals and select projects to be funded.

In 2003, ThyCa proudly awarded our first thyroid cancer research grant. We award grants each year. In 2019, we awarded 10 grants. One grant is now named the Ric Blake Memorial Thyroid Cancer Research Grant, in memory and honor of ThyCa Co-Founder Ric Blake. Our grant recipients are from these institutions:

- Cancer Center Karolinska, Sweden
- Cochin Institut, France
- Columbia University, New York, New York
- Dana-Farber Cancer Institute, Massachusetts
- Duesseldorf University Hospital, Germany
- Duke University, North Carolina
- Harvard Medical School & Beth Israel Deaconess Medical Center, Massachusetts
- Harvard Medical School & Brigham and Women's Hospital, Boston, Massachusetts
- Johns Hopkins Medical School, Maryland
- Massachusetts General Hospital/Harvard Medical School, Massachusetts
- MedStar Georgetown University Hospital, District of Columbia
- Medstar Washington Hospital Center, Washington, DC
- MedStar Washington Hospital Center/MedStar Georgetown University, District of Columbia
- Memorial Sloan-Kettering Cancer Center, New York
- National Cancer Institute/National Institutes of Health, Maryland
- National University of Cordoba, Argentina
- New York University Langone Medical Center, New York
- Ohio State University, Columbus, Ohio
- Ohio State University, Ohio, and Medical University of Gdansk, Poland
- Penn State Hershey Cancer Institute, Pennsylvania
- Phoenix VA Health Care System, Arizona
- Rush-Presbyterian-St. Luke's Medical Center, Illinois
- University Hospital Basel, Basel, Switzerland
- University of Arkansas for Medical Sciences, Arkansas
- University of California, Los Angeles, and Veterans Affairs West Los Angeles Health Care System, California
- University of Birmingham, United Kingdom
- University of Colorado, Aurora, Colorado
- University of Texas Southwestern, Texas
- Vanderbilt University Medical Center, Tennessee
- Washington University School of Medicine, St. Louis, Missouri

Realizing that every mighty tree begins with a single seed, and that every seed planted by human hands begins with elements of both hope and faith, ThyCa planted this seed in the hope that it will grow strong and tall, and with the faith that others will answer the call and help nurture its growth.

We invite you to join us in our quest to find cures for Thyroid Cancer. Our heartfelt thanks!



THANK YOU to all of ThyCa's Volunteers

who give so many hours of your time and talents.

Our heartfelt Thank You to our more than 400 volunteers, who:

- Answer emails to thyca@thyca.org and our other ThyCa emails, and calls to our Toll-Free Number
- Lead Local Support Groups throughout the United States and in The Bahamas, Canada, Costa Rica, Greece, Honduras, Ireland, Kenya, The Philippines, and the United Kingdom
- Oversee our Online Communities: 11 Email Support Groups, Facebook, Inspire, Instagram, LinkedIn, Pinterest, Snapchat, Twitter, & YouTube
- Give one-to-one support, matched by type of thyroid cancer, in our Person-to-Person Network
- Expand and update our website and develop our publications in English, Arabic, Chinese, French, Greek, Hebrew, Italian, Japanese, Portuguese, Russian, and Spanish
- Organize our Conferences, Workshops, Seminars, plus our online Webinars
- Give and post materials in community locations and health care settings
- Represent ThyCa at medical meetings, cancer awareness events, community health fairs, television broadcasts, health and human services conferences, and other events.
- Raise awareness of thyroid cancer and the importance of neck checks and early detection, treatment, and lifelong follow-up
- Build and strengthen relationships with medical professionals, associations, other cancer survivorship organizations, and community groups
- Raise funds and in-kind donations to support our services and thyroid cancer research
- Get involved in Thyroid Cancer Awareness Month in person, online, and by mail
- Reach out throughout the year in community groups and the media to support survivors and families locally, regionally, and worldwide and to educate the public about thyroid cancer
- Serve in many key roles: Team Leadership, Volunteer Training and Encouragement, Mailings, Recordkeeping, Financial Transactions, Filing, and more

We welcome new volunteers, for one-time projects and for ongoing volunteering. Learn more in the How To Help section of www.thyca.org

In Honor of Our Caregivers

We honor the families and friends of thyroid cancer survivors. You give us your support and love in countless ways. As patients, struggling through our thyroid cancer journey, we realize how difficult it is for you, too. It takes courage to stare down cancer, both as a patient and as the one standing by.

Thank you for facing it with us.

Helpful Links

Papillary/Follicular Thyroid Cancer

www.thyca.org/pap-fol

Medullary Thyroid Cancer

www.thyca.org/mtc

Anaplastic Thyroid Cancer

www.thyca.org/atc

Pediatric Thyroid Cancer

www.thyca.org/pediatric



– 71,426 Members



ThyCaInc – Over 26,870 Likes



@ThyCaInc – Over 5,080 Followers



ThyCaInc – Over 4,310 Followers



ThyCaInc – Over 200 Friends



ThyCaInc – Over 280 Followers



ThyCaInc – Over 370 Connections



3,050+ Subscribers, 110+ Videos

Medical Advisory Council

ThyCa is fortunate to have a distinguished Medical Advisory Council of 57 members with expertise in thyroid cancer. This board provides valuable counsel and supports our goals in education, treatment, and research. More than 50 distinguished specialists provide ongoing review and input for our website and materials. Thank you.

Erik K. Alexander, M.D., Endocrinologist,
Brigham and Women's Hospital, MA

Peter Angelos, M.D., Ph.D., Endocrine
Surgeon, University of Chicago, IL

Douglas W. Ball, M.D., Endocrinologist, Johns
Hopkins Medicine, MD

Andrew J. Bauer, M.D., Pediatric
Endocrinologist, The Children's Hospital of
Philadelphia, PA

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Clinic, MN

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Paul W. Ladenson, M.D., Endocrinologist,
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Samuel A. Wells, M.D., Surgeon, National
Cancer Institute, National Institutes of Health, MD

Lori J. Wirth, M.D., Medical Oncologist,
Massachusetts General Hospital Cancer Center, MA

Mark Zafereo, M.D., Head & Neck Surgeon,
University of Texas, MD Anderson Cancer Center, TX

In Memory and Gratitude

Ernest L. Mazzaferri, M.D.

Jeffrey F. Moley, M.D.

Yolanda C. Oertel, M.D.

Arturo R. Rolla, M.D.

Our 25th Anniversary Year!

ThyCa is an international nonprofit 501(c)(3) organization of thyroid cancer survivors, family members, and health care professionals, dedicated to education, communication, support, awareness for early detection, and thyroid cancer research fundraising and research grants. Our mission is:

- To Educate, so we and our families better understand our disease
- To Participate, so others learn from our experience
- To Communicate, so we and our health care professionals better understand each others' needs.
- To Support Research, for a future free of thyroid cancer.

Since 1995 we have been developing a unique support network to link survivors and healthcare professionals around the world. Volunteers donate their time and effort to make our dreams a reality.

People in 115 countries receive our free services. Our free services and materials are available to everyone whose life has been touched by thyroid cancer.

Your organization is invited to partner with ThyCa in Thyroid Cancer Awareness Month (September) and year-round campaigns

Raise awareness with brochures, flyers, and wallet cards

- Free AACE Neck Check Cards
- Free flyers in English and Spanish: "Find It Early," "Know the Signs," "Thyroid cancer is NOT a good cancer," "About Thyroid Cancer," and more
- Free Thyroid Cancer Awareness brochures
- Free wallet cards and patient services brochures

Our Services

12 Online Support Groups

Linked through the website. These include the ThyCa Inspire Thyroid Cancer Support Community, plus groups for Papillary/Follicular (Thyca), Anaplastic, Medullary, Pediatric, Advanced Thyroid Cancer, Caregivers, Childbearing, Long-Term Survivors, Love, Loss, & Legacy, Young Adults, and Mental Challenges.

Person-To-Person Support

One-to-one support with ThyCa volunteers, matched by thyroid cancer type and situation.

Local Support Groups

Around the United States, and in The Bahamas, Canada, Costa Rica, Greece, Honduras, Kenya, The Philippines, and the United Kingdom.

Conferences, Workshops, Seminars

Our Conferences bring thyroid cancer experts, survivors, and families together to learn the latest about thyroid cancer and give and receive support. We also hold many free one day regional workshops and local seminars.

Comprehensive Website

Thyroid cancer information in 11 languages: English, Arabic, Chinese, French, Greek, Hebrew, Italian, Japanese, Portuguese, Russian, Spanish. Dozens of free downloadable publications, videos, plus events calendar, support group connections, Facebook and Twitter connections, and more. All medical information receives review and input from more than 50 thyroid cancer experts, including members of ThyCa's Medical Advisory Council plus more specialists. ThyCa adheres to the HONCode Principles for health information on the internet.

Research Fundraising & Thyroid Cancer Research Grants

ThyCa has proudly awarded 84 thyroid cancer research grants totaling more than \$2.5 million, to researchers in 7 countries.

Survivors' Toll-Free Telephone Number

(877) 588-7904

Free Tools for Education, Support, & Awareness

For these and more, visit www.thyca.org

Handbooks

Thyroid Cancer Basics

- About all types of thyroid cancer
- Download or by mail
- Free in bulk to healthcare professionals
- In English, Arabic, Chinese, Hebrew, Italian, Russian, and Spanish

Anaplastic Thyroid Cancer

- In English, Chinese, and Spanish

Medullary Thyroid Cancer

- In English, Chinese, and Spanish

Thyroid Nodules: Testing and Follow-Up

- In English and Arabic

Online Weekly Newsletter

Subscribe at www.thyca.org/guestbook

Patient Information Packets by Mail

Request at www.thyca.org/guestbook, or (877) 588-7904

Free Pediatric Backpacks

With information plus helpful tips for children and teens with thyroid cancer, and their parents

Low-Iodine Cookbook 9th Edition

- Downloadable from www.thyca.org
- In English, French, Portuguese, and Spanish

FNA Booklets

for Patients and Physicians

- *Fine Needle Aspiration of the Thyroid: The Guide for Patients* (in English and Spanish)
- *Fine Needle Aspiration of the Thyroid: A Procedural Guide for the Physician*

Guestbook and Free Weekly Newsletter

Use our website's convenient Guestbook to sign up for our free online newsletters and special announcements, to request a free Patient Information Packet, and to add or update your contact information.

Thyroid Cancer Local Support Groups

Affiliated with ThyCa: Thyroid Cancer Survivors' Association, Inc. | www.thyca.org

ALABAMA

Mobile
Opelika

ARIZONA

Chandler
Phoenix
Tucson

ARKANSAS

Benton

THE BAHAMAS

Freeport

CALIFORNIA

Benecia
Foster City
Fresno
Los Angeles
Modesto
Mountain View
Newport Beach
Redondo Beach
Sacramento
San Bernardino
San Diego
San Luis Obispo
Santa Cruz

CANADA

Brockville, Ontario

COLORADO

Colorado Springs
Denver
Glenwood Springs

CONNECTICUT

New Haven
Stratford
Waterbury

COSTA RICA

San Jose

DELAWARE

Dover
Newark

DISTRICT OF COLUMBIA

Washington

FLORIDA

Cocoa
Fort Myers
Hollywood
Melbourne
Miami
North Miami Beach
Orlando
Sarasota-Manatee
South Florida
Tampa
Titusville

GEORGIA

Atlanta
Columbus

GREECE

Athens
Patras

HAWAII

Wailuku

HONDURAS

Tegucigalpa

IDAHO

Boise
Hayden

ILLINOIS

Belleville
Chicago

INDIANA

Evansville
Lawrenceburg
South Bend

IOWA

Cedar Rapids
Des Moines
Waterloo

IRELAND

KANSAS

Coffeyville

KENTUCKY

Latonia
Lexington
Louisville
Pikeville

KENYA

Nairobi

MAINE

Falmouth
Scarborough

MARYLAND

Baltimore
Silver Spring

MASSACHUSETTS

Boston
Brockton
New Bedford

MICHIGAN

Ann Arbor
Charlevoix
Troy

MINNESOTA

St. Paul

MISSISSIPPI

Tupelo

MISSOURI

Kansas City
St. Louis

NEBRASKA

Lincoln

NEVADA

Reno

NEW HAMPSHIRE

Nashua

NEW JERSEY

Neptune
Trenton
Vineland
Wood-Ridge

NEW YORK

Bronx
Buffalo
Latham
Manhasset
Manhattan
Rochester
Syracuse
Troy

NORTH CAROLINA

Concord
Greensboro
Raleigh
Wilmington

OHIO

Canton
Cincinnati
Columbus
Strongsville
Toledo

OKLAHOMA

Oklahoma City
Tulsa

OREGON

Bend
Portland

PENNSYLVANIA

Bethlehem
Harrisburg
Hershey
NW Philadelphia
Pittsburgh
Southampton

THE PHILIPPINES

Cebu City

SOUTH CAROLINA

Myrtle Beach

TENNESSEE

Memphis
Nashville

TEXAS

Brownsville
Dallas
Houston

THE UNITED KINGDOM

Brentwood

UTAH

Salt Lake City

VERMONT

Northern Vermont

VIRGINIA

Arlington
Norfolk
Richmond
Roanoke

WASHINGTON

Seattle
Vancouver

WISCONSIN

Fox Cities
LaCrosse
Madison
Manitowoc
Milwaukee

Year-Round Teams and Coordinators

Our teams welcome new volunteers. Many Coordinators are here at the Conference. We have training sessions and “Get Involved” sessions for volunteers this weekend. If you’d like to volunteer for ThyCa, or talk with a coordinator, email thyca@thyca.org, or visit our website’s Volunteer page.

SUPPORT SERVICES

Online Support Groups: Gary Bloom, Theresa Wickerham

E-Mail Response Team: Pat Paillard, Theresa Wickerham

Local Support Groups: Kathryn Wall, Theresa Wickerham

Memorial Quilts: Leah Guljord

Memorial Video: Jessica Weese

ThyCa Person-to-Person Network: Karen Ferguson

Toll-Free Number Team: Karen Ferguson, Daria Jerauld

EDUCATION

Conference and Workshops: Gary Bloom, Theresa Wickerham, Cherry Wunderlich

Medical Advisors: Gary Bloom

Publications: Gary Bloom, Daria Jerauld, Roberta Perry

Website: Joel Amromin, Betty Solbjor

OUTREACH, AWARENESS, COMMUNITY RELATIONS

Social Media: Cristina Bindschatel, Bridget Corcoran, Matt Faraca, Haley Geosits, Nadia Grauman, Chris Kidwell, Cheri Lindle, Kathryn Wall, Jessica Weese, Samantha Weese

Facebook: Haley Geosits, Chris Kidwell, Kathryn Wall, Samantha Weese

Inspire: Carol Brown, Bridget Corcoran, Angel Conicelli, Paul Sutera

Instagram: Chris Kidwell, Ashley Madeer-Gill, Howard Solomon, Kathryn Wall, Samantha Weese

LinkedIn: Chris Kidwell, Cheri Lindle

Mailings: Theresa Wickerham

Outreach: Chris Kidwell, Daria Jerauld, Roberta Perry

Pinterest: Chris Kidwell, Ashley Madeer-Gill, Mary Catherine Petermann, Kathryn Wall

Professional Relations and Associations: Gary Bloom

Snapchat: Haley Geosits, Ashley Madeer-Gill

Twitter: Victoria Ballesteros, Chris Kidwell, Cheri Lindle

YouTube: Chris Kidwell

RESEARCH, RESOURCE DEVELOPMENT, VOLUNTEERS

Finance: Gary Bloom, Bridget Corcoran, Colleen Dolinish, Ron Grafman, Suzann Tom

Fundraising Programs: Gary Bloom, Anita Hubbard, Howard Solomon, Theresa Wickerham

Membership: Theresa Wickerham

Research Advocacy and Grants: Gary Bloom

Technology: Gary Bloom, Matt Faraca, Chris Kidwell

Volunteers: Theresa Wickerham

2020 Conference Team

Special thanks to the following people for contributing your time and talents toward making this conference a success!

Conference Co-Coordinators: Gary Bloom, Theresa Wickerham

Conference Program: Gary Bloom, Chris Kidwell, Cal Pierce, Kathryn Wall, Cherry Wunderlich

Conference Central: Denise Rivera

Auction: Laura Villmer

Finance: Colleen Dolinish, Suzann Tom

Onsite Volunteers: Theresa Wickerham

Outreach: Gary Bloom, Daria Jerauld, Chris Kidwell, Roberta Perry, Kathryn Wall

Publications, Daily Bulletin: Gary Bloom, Theresa Wickerham

Registration: Colleen Dolinish, Suzann Tom

2020 Conference Volunteers

Barb Allhoff	Chris Kidwell
Joel Amromin	Roselle Kovitz
Gwynne Bambach	George Labonte
Ray Bartlett	Tim Lau
Shilo Bartlett	Kayley Leeds
David Bloom	Cheri Lindle
Hilary Bloom	Julie Martinez
Lynsey Bloom	Vanda Marsh
Miranda Bowman	Bill McClain
JoMarie Bushell	Abby Melendez
Lisa Callihan	Miguel Melendez
Angel Conicelli	Kathy Mellilo
Bridget Corcoran	Pam Mendenhall
Peter Crane	Jodi Novotny
Candy Crimin	Pat Palliard
Jim Davis	Laura Perkins
Audra Day	Roberta Perry
Carol DiFelice	Wayne Petri
Michael Dubrow	Cal Pierce
Matt Faraca	Doris Proni
Damaris Fernandez	Denise Rivera
Jo Gorringer	Valronica Scales
Leah Guljord	Howard Solomon
Jeff Hall	Susan Spinosa
Robert Hansen	Patti Turner
Elizabeth Holliday	Sharon Veingrad
Anita Hubbard	Laura Villmer
Alexa Jaume	Kathryn Wall
Daria Jerauld	Jessica Weese
Alexa Jett	Samantha Weese
Anjali Kapoor-Davis	Rachel Wilkinson

...Plus more programs and projects.
We welcome volunteers!

— *In Loving Memory* —

We join together in remembering these wonderful men and women who fought thyroid cancer with courage, strength, and grace.

We dedicate this page to them and to all those who have gone before us.

Dave Arian	Paul Ilana's husband	Husband of Barbara Parks
Lynn Ashby	Chad Michael Jefferson	Henry Omino
Joe Calfe	Jennifer Jeske	Dan Percifield
Beverly J. Collins	Gurmeet Kaur	Brian Pfeuffer
Sara Ann Coolidge	Fernando Kelly's brother	David Benjamin "Pops" Rivera
Tina Cordova	Richard Dean Knight	Timothy Mark Roche
Sherry Creasey	Kelly Ann (Toscano) Lane	David Earl Roseth
Monica DeLeon's husband	Todd Linda's husband	Bill Rowand
Paul Charles Desaulniers	Michael Lum	Mike Sloan
Carmen Duncan	Stuart Mackenzie	Jean Vanier
Larry Eckhardt	Cesar Madera	John Waden
Melina Rayna Farley-Barratt	Laura McCarty	Emma White
Todd R. Frank	Kathleen McLean	Becca Ann, wife of Alex Richard
Luis Gonzalez	Rosita Milk	Bob Willis
Terri Hendrickson	Gina Norris	Ryan Zimmerman

"Life has been shared, the joys and the sorrows. This has been as real and strong as anything in life. The love that once was born can never die, for it has become part of us, of our life, woven into the very texture of our being."

—John Lovejoy Elliott

Executive Director and Board of Directors

ThyCa's Board of Directors leads policy, planning, oversight, and service coordination. ThyCa's full-time Executive Director leads general management, operational planning, and day-to-day management. In collaboration with the Board and Committees, our Executive Director also furthers ThyCa's vision and strategic plan to strengthen and extend our support services, education, and outreach, especially for underserved populations, and to foster research advocacy and alliances with professionals and community organizations worldwide.

Kurt E. Alexander, Esq., *General Counsel*

Kurt has served as ThyCa's General Counsel since 1997, after his ex-wife was diagnosed with thyroid cancer. He is Board Certified in Civil Trial Law by The Florida Bar and The National Board of Trial Advocacy. He is also AV Preeminent Rated by Martindale-Hubbell, the highest rating possible, and reflecting the confidential assessments of the Bar and the judiciary. He is a member of ABOTA, the American Board of Trial Advocates, at the Advocate level. Kurt currently serves as a member of the Executive Council of The Trial Lawyers Section of The Florida Bar, and he is its Liaison to the Rules of Civil Procedure Committee of The Florida Bar. He has served as Chair of The Florida Bar Grievance Committee for his part of Florida. Mr. Alexander lives in Central Florida, where he has practiced law for over 30 years.

Gary Bloom, *Executive Director*

Gary manages ThyCa's programs and services, leads the Conference planning, is liaison to ThyCa's Medical Advisory Council, and represents ThyCa at meetings and events. He co-founded ThyCa with 16 others and was ThyCa's Founding Board Chair. He has facilitated the ThyCa Washington, DC, Support Group since 1999. With 3 physicians, he co-edited *Thyroid Cancer: A Guide for Patients*. Gary was diagnosed with papillary thyroid cancer with tall cells in 1995, received numerous treatments, and has participated in clinical trials. He lives in Olney, Maryland, with his wife, Hilary.

Bridget Corcoran, *Treasurer*

After being diagnosed at 21 in 2008, Bridget became passionate about helping fellow survivors as well as educating others about thyroid cancer. She has been the co-facilitator of the ThyCa Chicago, Illinois, Support Group since 2011; has represented ThyCa at medical professionals' meetings; and has led sessions at ThyCa Conferences. When she's not working as business manager at her family's electrical construction company, she enjoys cooking, photography, spending time with family and friends, travel, practicing mindfulness meditation, knitting and driving her BMW. She holds a BSBA in management from Roosevelt University in Chicago.

Karen Ferguson

Karen is one of ThyCa's 17 Co-Founders. Diagnosed with thyroid cancer in 1994, she began bringing thyroid cancer survivors together over the Internet in 1995. She co-coordinates ThyCa's Toll-Free Number Team, and the Person-To-Person Network. Karen lives in Lake Wylie, South Carolina, with her husband and several retired racing greyhounds. She has been involved for many years with greyhound rescue and animal-assisted therapy as a Tester/Observer for The Alliance of Therapy Dogs.

Anita Hubbard, *Recording Secretary*

Anita is a thyroid cancer survivor, diagnosed on Valentine's Day in 2013. Through her experience, Anita was inspired to help others through her own nonprofit focused on raising awareness and funds for thyroid cancer research. Anita is a former corporate executive, now focused on strategic business consulting and raising her young family in Texas.

Bill McClain

Bill is an author and businessman who lives with his wife in Milford, CT. He consults on Strategic Planning and published the book "Strategic Planning In This Age Of Disruption". Writing under the pen name William Kenly, he has published three books, including "The Dogs of Cancer: Dancing with Medullary Thyroid Cancer", and is an editor and contributing author to "After the Diagnosis: Medullary Thyroid Cancer Memoirs", and the new MTC book, "The Butterfly Sings". He has co-facilitated past conference roundtables with his wife Galina, and he is also on the Board of Directors of the Cornel Scott Hill Health Center in New Haven, CT. He was diagnosed with sporadic medullary thyroid cancer in 2008.

Denise Rivera

Denise joined the ThyCa Board in 2019 and is an 18-year survivor of thyroid cancer. Throughout her cancer journey, Denise had found that education, support, and fundraising for research are key ingredients in the fight against cancer. This experience led Denise to become a volunteer for ThyCa as a co-facilitator for the Denver ThyCa Support Group and committee member for ThyCa's Annual conference. A native Denverite with over 30 years of IT experience, Denise is a graduate of Regis College where she earned, cum laude, B.S. degrees in Computer Information Systems, Professional Accounting, and Business Administration-Management. For over 25 years, Denise has been a volunteer and fundraiser for numerous conservation organizations and children's cancer non-profits. In her free time, Denise enjoys needle craft work, reading, fly fishing, the shooting sports, hunting, snowshoeing, and hiking.

Howard Solomon, *Board Chair*

Howard is a thyroid cancer survivor and has a lifelong interest in endurance sports, including running and swimming. A graduate of the University of Michigan, he lives in Mill Valley, California with his wife and two children. Howard is Managing Partner for Finn Partners West. Finn Partners is a global group of strategists who develop communications programs across sectors and media platforms.

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These contributions support our free year-round support services, outreach, *Low-Iodine Cookbook*, patient information packets, *Thyroid Cancer Basics*, *Anaplastic Thyroid Cancer*, *Medullary Thyroid Cancer*, and *Thyroid Nodules: Testing and Follow-Up Handbooks*, many more free publications, the webinar series, seminars, workshops, and this conference. The grants from organizations are unrestricted educational grants. Thank you very much to all our donors.

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